

Five Principles of Self-Directed Services



**St. Clair County
Community Mental Health**
Providing Opportunities for Health, Wellness, & Connection

Information and Access to Services:

810-488-8888

**24-Hour Crisis Line:
810-966-2575**

www.scccmh.org |    



Freedom

To make decisions about your life and the supports that help you live the life you want.



Authority

To have a meaningful role in how funds in your service budget are used.



Support

To have access to people and resources that are helpful, respectful, and meaningful to you.



Responsibility

To use public resources wisely and to participate in your community in ways that matter to you.



Confirmation

To recognize and honor your voice, strengths, and role as your own best advocate.

**ST. CLAIR COUNTY
Community Mental Health**
3111 Electric Avenue
Port Huron, MI 48060
(810) 985-8900

**St. Clair County
Community Mental Health
Child & Family Services**
2415 24th Street
Port Huron, MI 48060
(810) 488-8840

**St. Clair County
Community Mental Health - South
Adult Services**
6221 King Road
Marine City, MI 48039
(810) 765-5010

**St. Clair County
Community Mental Health - South
Child & Family Services**
135 Broadway
Marine City, MI 48039
(810) 400-4200

**St. Clair County
Community Mental Health - West**
14675 Downey Road
Capac, MI 48014
(810) 395-4343



Self-Directed Services



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What are Self-Directed Services?

Individuals receiving services at St. Clair County Community Mental Health (SCCCMH) have the option to participate in Self-Directed Services. This approach is grounded in recovery and person-centered planning, allowing for more choice and control over how supports are provided.

Through Self-Directed Services, you can be involved in selecting who provides your services and how those services are arranged. This may support goals like maintaining wellness, building new skills, or increasing independence. The focus is on helping you live a full, meaningful life where your preferences and strengths guide the plan.

How Do I Get Started?

If you are interested in Self-Directed Services, talk with your clinician or case manager. Together, you will use the Person-Centered Planning (PCP) process to create or update your Individual Plan of Service (IPOS), which outlines your goals and the supports needed to reach them. You may choose who attends your PCP meeting.

During planning, your team will look at your natural supports (family, friends, and community connections), along with any paid services you may need. A service budget will be created. You will then select a Fiscal Intermediary (an organization separate from SCCCMMH) to help manage the financial and employment-related parts of your plan. The Fiscal Intermediary helps with things like payroll, paperwork, and record-keeping.



How Do Self-Directed Services Work?

With Self-Directed Services, individuals act as the employer (or direct the employer role with support). This may include tasks like:

- Recruiting and interviewing staff
- Deciding who will provide supports
- Scheduling services
- Working with the Fiscal Intermediary to manage payroll and employment paperwork

You have a direct voice in who is hired, and you may choose people you already know or work with SCCCMMH to locate qualified providers. Your case manager remains a resource to help ensure services are working well and to assist if changes are needed. Staff must be able to provide the supports identified in your Individual Plan of Service.

Self-Directed Services are one option, not the only option. Individuals may continue to receive services in the traditional model or choose Self-Determined Services for greater involvement in decisions about their supports. The choice is based on what works best for your needs, goals, and comfort level.